

What the Lord Requires of You

“Walk Humbly With Your God: I Will Look to the Lord”

Micah 6:1-7:10 – March 8, 2026

WHAT THE LORD REQUIRES OF YOU		
A Study of the Book of Micah		
Date	Message Title	Bible Text
Feb 15	DO JUSTICE (Part 1): <i>The Lord is Coming to Judge</i>	Micah 1:1-2:13
Feb 22	DO JUSTICE (Part 2): <i>Hitched and Hijacked</i>	Micah 3:1-4:8
Mar 1	LOVE MERCY (Part 1): <i>Bethlehem, Armageddon, and the King</i>	Micah 4:9-5:15
Mar 8	WALK HUMBLY WITH YOUR GOD: <i>I Will Look to the Lord</i>	Micah 6:1-7:10
Mar 15	LOVE MERCY (Part 2): <i>When God Casts Your Sins into the Sea</i>	Micah 7:11-20

Thought Flow of Micah 6:1-7:10

- **6:1-2** - Hear ye, hear ye: The Lord has an indictment against His people (Israel). He presents this indictment to the mountains as the jury.
- **6:3-5** - God calls His people to answer Him. He reminds them of all the righteous acts He has done for them including delivering them from slavery in Egypt, delivering them from Balak’s attempted curses through Balaam, and taking them into the Promised Land.
- **6:6-8** - God wants our worship to be transformational not ritualistic by His people doing justice, loving mercy, and walking humbly with Him.
- **6:9-16** - God pronounces His coming judgment upon His people for their sins of wicked, unjust business practices, violence, lies, deceit, and following the ways of Omri and Ahab (vv.11-12,16). God’s judgment will include the rod, a grievous blow, desolation, hunger, no savings, the sword, and zero business (crops and vineyard) productivity.
- **7:1** - All of this leads Micah to cry out, “Woe is me!” (like Isaiah did in Isaiah 6). Micah’s soul is in despair like a fruitless vine.
- **7:1-6** - The reason that Micah cries, “Woe is me,” is because of all of the sin and judgment he sees. There are no godly people remaining. Instead, the people do evil, hunt each other, take bribes, and betray each other.
- **7:7-10** - But Micah resolves to look to the Lord and to wait on His salvation. Micah owns his sin and his deserved punishment. And Micah throws himself on the mercy of the Court believing that God the Judge will pardon and vindicate him over God’s enemies.

How to Walk Humbly with Your God (Micah 6:1-7:10)

1. Remember God’s _____ to you (6:3-5)

- God reminds His people of all the righteous acts He has done for them including delivering them from slavery in Egypt, delivering them from Balak’s attempted curses through Balaam, and taking them into the Promised Land. They did not do these things for themselves. God did these things.
- Humbleness involves giving God the credit rather than taking the credit for yourself.

- Hope Field: “Biblical humility is a heart attitude of ‘lowliness’ that recognizes one’s total dependence on God and places others’ needs above self. It is not self-depreciation, but rather a proper, grounded view of oneself in relation to God and a deliberate choice to serve others. Jesus exemplifies this, embodying servant leadership rather than arrogant self-promotion.”
- **1 Peter 5:5-7** – *Clothe yourselves, all of you, with humility toward one another, for ‘God opposes the proud but gives grace to the humble.’ Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you.*
- Corrie ten Boom: “When people come up and give me a compliment, I take each remark as if it were a flower. At the end of the day, I lift up the bouquet of flowers I have gathered throughout the day and say, ‘Here You are, Lord, it is all Yours.’”
- **Application #1a** – A dozen-plus ways to humble myself:

Remember what God has done and give Him the credit and the glory		
Pray	Trust God with everything	Confess my sin to God
Apologize	Confess my sin to someone	Listen to someone
Serve someone	Serve anonymously	Give 10% back to God
Obey God	Clean a toilet; pick up trash	Submit to authority

- The Ark of the Covenant served as a faithfulness memory box: jar of manna, Aaron’s staff, Ten Commandments (Hebrews 9:4).
- **Application #1b** – Keep a memory box of God’s faithfulness and use it to retell the stories of God’s faithfulness over and over.

2. Worship God the way that _____ wants to be worshipped with justice, mercy, and humbleness (6:6-8)

- God does not primarily want to be worshipped with sacrificial animals, but rather God wants to be worshipped with His people doing justice, loving mercy, and walking humbly with Him.
- Recommendation: Do a personal Bible study of Scriptures that talk about how our worship is meaningless to God if we are not also living a life of justice, mercy, and obedience (1 Samuel 15:22; Proverbs 21:3; Isaiah 1:11-17; 29:13; 58:1-14; Hosea 6:6; Amos 5:21-24; Micah 6:6-8; Zechariah 7:5-10; Matthew 9:13; 15:7-9).
- **Amos 5:21-24** (NLT) – *I hate all your show and pretense – the hypocrisy of your religious festivals and solemn assemblies. I will not accept your burnt offerings and grain offerings. I won’t even notice all your choice peace offerings. Away with your noisy hymns of praise! I will not listen to the music of your harps. Instead, I want to see a mighty flood of justice, an endless river of righteous living.*
- What does it mean to live a life of justice?
- Tim Keller: “Biblical justice is rooted in the very character of God and is characterized by radical generosity, universal equality, life-changing advocacy for the poor, and responsibility. Biblical justice requires that every person be treated according to the same

standards with the same respect, regardless of class, race, ethnicity, nationality, gender, or any other social category (Lev 19:15; Deut 16:19)."

- **James 1:27** – *Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.*
- "kindness" = *hesed* = steadfast love; mercy; kindness; it means loyal, steadfast, or faithful love; a belonging together
- **Application #2** – One way that God is calling me to live out Micah 6:8 right now is to...
 - Love my family well** by giving them my uninterrupted, focused time and attention. (Rick Warren: "Love is spelled T.I.M.E.")
 - Help out with GF's Garden of Grace** that grows fresh produce for the poor. Spring Planting on March 14 (Sat) from 8am-11am. More info at WhatsGrace.org/Missions
 - Volunteer to help refugees** with one of Grace Fellowship's partner organizations: Houston Welcomes Refugees houstonwelcomesrefugees.com/ or Prestige Learning InstitutePrestigeInstitute.org/
 - Pay people fairly.** There is something more important than minimizing your expenses and maximizing your profits – namely, biblical justice, kindness, and love. Honor the labor of others. Increase the pay of the person who mows your lawn or cleans your house or watches your children.
 - Tip very generously.** Tipping is an easy way to help some of the lowest income earners in our community. Be generous.
 - Buy with awareness.** Before purchasing, do your research to know: Was this made ethically? Does this company exploit workers? Is this harming vulnerable communities? Be intentional.
 - Speak up when someone is dismissed.** If someone is interrupted, misrepresented, or stereotyped, say, "I'd like to hear them finish," or "That might not be the whole story." Small interventions create just environments.
 - Pray and examine your own biases.** Ask yourself: Who do I instinctively distrust? Whose suffering do I overlook? Where do I benefit from systems that I've never questioned?
 - Make it personal** by getting to know people. Ask the names of the people who serve you (cashier, barista, custodian, mail carrier). Use their name. Make eye contact. Treat them as image-bearers. Listen to their story. Get up close.
 - Listen to stories outside of my experience.** Read books, attend events, or have conversations with people whose economic or cultural experiences differ from yours. Justice grows from informed empathy.
 - Mobilize your small group to create and execute a Double Dog Dare project.** More info at WhatsGrace.org/Missions
 - Memorize and recite Micah 6:8** daily this month and ask God how He wants you to live Micah 6:8 today.

3. the Lord (7:7)

- Stephen Coleman: "This is the language of faith. Micah looks to Yahweh, the Lord, as the One who is able to bring order out of chaos, light out of darkness, life out of death. Such is the posture of faith: it looks to the Lord God alone for help in times of need. It is this confidence that sustains Micah in his disorientation and despair; the confidence that though everyone around him is faithless, there yet remains One who is perfectly and unfailingly faithful – namely, the God of my salvation."
- **Application #3** – In the midst of what I am going through right now, I will look to the Lord as the only truly faithful One. I will put my trust and hope in Him (rather than people or stuff or Alexa or AI or the next thing). Specifically, I will look to the Lord by...
 - Writing out a prayer telling Him that I am looking to Him
 - Coming faithfully to church
 - Giving Him the first portion of my income as an act of surrender
 - Stopping or getting rid of "that thing" which I have tended to look to instead of Him.